



고1_1811[기출문제] 21

다음 글에서 전체 흐름과 관계없는 문장은? [H1-1811 21번]

Imagine that your body is a battery and the more energy this battery can store, the more energy you will be able to have within a day. Every night when you sleep, this battery is recharged with as much energy as you spent during the previous day. ㉠If you want to have a lot of energy tomorrow, you need to spend a lot of energy today. ㉢Our brain consumes only 20% of our energy, so it's a must to supplement thinking activities with walking and exercises that spend a lot of energy, so that your internal battery has more energy tomorrow. ㉡It is well established that the brain uses more energy than any other human organ to fuel electrical impulses that neurons employ to communicate with one another. ㉣Your body stores as much energy as you need: for thinking, for moving, for doing exercises. ㉤The more active you are today, the more energy you spend today and the more energy you will have to burn tomorrow. Exercising gives you more energy and keeps you from feeling exhausted.

- ① ㉠ ② ㉢ ③ ㉡ ④ ㉤ ⑤ ㉣

다음 빈칸에 들어갈 말로 가장 적절한 것은? [H1-1811 20번]

Imagine that your body is a battery and the more energy this battery can store, the more energy you will be able to have within a day. Every night when you sleep, this battery is recharged with as much energy as you spent during the previous day. If you want to have a lot of energy tomorrow, you need _____ . Our brain consumes only 20% of our energy, so it's a must to supplement thinking activities with walking and exercises that spend a lot of energy, so that your internal battery has more energy tomorrow. Your body stores as much energy as you need: for thinking, for moving, for doing exercises. The more active you are today, the more energy you spend today and the more energy you will have to burn tomorrow. Exercising gives you more energy and keeps you from feeling exhausted.

- ① to spend a lot of energy today
 ② to save energy for bigger issues
 ③ to consult your doctor
 ④ to consider energy efficiency
 ⑤ to replace your battery charger



다음 글의 내용을 한 문장으로 요약하고자 한다. 아래에 주어진 단어를 적절히 배열하여 쓰시오. (단, 어형 변화 가능)²
[18년 11월 21번]

Imagine that your body is a battery and the more energy this battery can store, the more energy you will be able to have within a day. Every night when you sleep, this battery is recharged with as much energy as you spent during the previous day. If you want to have a lot of energy tomorrow, you need to spend a lot of energy today. Our brain consumes only 20% of our energy, so it's a must to supplement thinking activities with walking and exercises that spend a lot of energy, so that your internal battery has more energy tomorrow. Your body stores as much energy as you need: for thinking, for moving, for doing exercises. The more active you are today, the more energy you spend today and the more energy you will have to burn tomorrow. Exercising gives you more energy and keeps you from feeling exhausted.

* supplement: 보충하다



Exercising gives [feel / energy / you / tired / and / from / you / prevent].

Exercising gives

다음 글의 주제로 가장 적절한 것은?³ [H1-1811 21번]

Imagine that your body is a battery and the more energy this battery can store, the more energy you will be able to have within a day. Every night when you sleep, this battery is recharged with as much energy as you spent during the previous day. If you want to have a lot of energy tomorrow, you need to spend a lot of energy today. Our brain consumes only 20% of our energy, so it's a must to supplement thinking activities with walking and exercises that spend a lot of energy, so that your internal battery has more energy tomorrow. Your body stores as much energy as you need: for thinking, for moving, for doing exercises. The more active you are today, the more energy you spend today and the more energy you will have to burn tomorrow. Exercising gives you more energy and keeps you from feeling exhausted.

* supplement: 보충하다

- ① importance of activating brain
- ② energy recharged with imagination
- ③ strategies on how not to feel exhausted
- ④ influence of energy consumption on health
- ⑤ necessity of supplementing the energy that needs



다음 글의 제목으로 가장 적절한 것은?⁴ [H1-1811 21번]

Imagine that your body is a battery and the more energy this battery can store, the more energy you will be able to have within a day. Every night when you sleep, this battery is recharged with as much energy as you spent during the previous day. If you want to have a lot of energy tomorrow, you need to spend a lot of energy today. Our brain consumes only 20% of our energy, so it's a must to supplement thinking activities with walking and exercises that spend a lot of energy, so that your internal battery has more energy tomorrow. Your body stores as much energy as you need: for thinking, for moving, for doing exercises. The more active you are today, the more energy you spend today and the more energy you will have to burn tomorrow. Exercising gives you more energy and keeps you from feeling exhausted.

- ① How Sleep Affects Your Daily Energy Levels
- ② How to Be More Energetic With Moderate Exercising
- ③ The More You Move, the More Energy You Will Exercising
- ④ How Physical Activities can Boost Your Mental
- ⑤ Your Body: The Battery That Burns out Without Recharging

다음 빈칸에 들어갈 말로 가장 적절한 것은?⁵ [H1-1811 21번]

Imagine that your body is a battery and the more energy this battery can store, the more energy you will be able to have within a day. Every night when you sleep, this battery is recharged with as much energy as you spent during the previous day. If you want to have a lot of energy tomorrow, you need to spend a lot of energy today. Our brain consumes only 20% of our energy, so it's a must to supplement thinking activities with walking and exercises that spend a lot of energy, so that your internal battery has more energy tomorrow. Your body stores as much energy as you need: for thinking, for moving, for doing exercises. The more active you are today, the more energy you spend today and the more energy you will have to burn tomorrow. Exercising

- ① makes you think positive and talk a lot
- ② uses up much energy to make you feel exhausted
- ③ gives you more energy and prevents you from feeling exhausted
- ④ spends more energy and makes you distracted from study
- ⑤ needs more time and money to satisfy your expectation



다음 글의 제목으로 가장 적절한 것은?6 [H1-1811 21번]

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- ① Energy Charging: Essential to Life
- ② More Energy, a Positive Daily Necessity
- ③ Why Does Exercising Require Supplementation?
- ④ Active Physical Activities: A Path to Energy Gain
- ⑤ The Relationship Between Thinking Activities and Exercise

다음 글에서 전체 흐름과 관계없는 문장은?7 [H1-1811 21번]

Imagine that your body is a battery and the more energy this battery can store, the more energy you will be able to have within a day, ㉠Every night when you sleep, this battery is recharged with as much energy as you spent during the previous day.㉡While sleeping, you need to keep the battery away from your head. ㉢If you .want to have a lot of energy tomorrow, you need to spend a lot of energy today. ㉣The more active you are today, the more energy you spend today and the more energy you will have to burn tomorrow. ㉤Likewise, exercising gives you more energy and keeps you from feeling exhausted.

- ① ㉠
- ② ㉡
- ③ ㉢
- ④ ㉣
- ⑤ ㉤



다음 글의 빈칸에 들어갈 말로 가장 적절한 것은?⁸ [H1-1811 21번]

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*supplement: 보충하다

- ① you eat less and consume more calories
- ② your internal battery has more energy tomorrow
- ③ you sleep deeply and wake up with a fresh mind
- ④ your electronic devices are recharged more quickly
- ⑤ you give more energy to your brain for thinking activity

다음 글의 제목으로 가장 적절한 것은?⁹ [H1-1811 21번]

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- ① Sleep More to Recharge Your Body
- ② Exercise to Boost Up Your Energy Level
- ③ Useful Tips for Effective Energy Consumption
- ④ Your Body's Amazing Capacity as Energy Storage
- ⑤ Exercise: An Excellent Way to Bring Back Appetite



정답

1 ㉓

2 you energy and prevents you from feeling tired

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