20). 우제 <u>: 성공하기 위해서는 인내심을 걸러야 한다.</u>			
1.	Too many times people, especially in today's	_ things _	just	
2.	When we have these it tends to	us	to	move forward.
3.	Because this is a high tech society, everything ^we want and	to be w	vithin the pa	rameters of our
4.	If it doesn't happen fast enough, we're tempted to lose interest	t.		
5.	So many people don't want to take the time ^it requires	~ ~~~~	····	
6.				
7.	Have you fallen prey to			
8.	Great things take time			
			* parameter:	매개 변수, 제한
21	주제 : 한 때 멀게 느껴진 기술이 현실화된 자율주행자동차와 !	<u>의학계</u>		
1.	If you to create a "self-driving" car in the 1950s, a brick to the	your best	option	
2.	Yes, the able to move forward on i stop, or	its own, k	out it could	not slow down,
3.	not ideal. But mean ^the	_ of the	self-driving c	ar is not worth
4.	No, it only means that at the time we did not yet have the to vehicles both and safely.	ools ^we	now	
5.				
6.	It is much the same story in medicine.			
7.	Two decades ago, we were still taping bricks to accelerators.			
8.	Today, we are the point we can begin to in ways our understanding of patients as un			_ technology
9.	In fact, many patients are already wearing devices doctors to their patients in a are even a decade ago. * strap: 끈으로 묶다 ** autor	nd	Wa	

22	. 요지 : 새로운 기술에 비해 기존 기술의 영향력이 간과되고 있다.
1.	
1.	Take the baby bottle.
2.	Here is a simple has a human experience for numbers of and mothers, <u>vet</u> it finds no place in our histories of technology.
3.	This technology might as a classic as it enables mothers more control over the timing of feeding.
4.	It can also to save time, as bottle feeding allows someone else for the mother's time.
5.	it has huge for the of time in everyday life, yet it is entirely overlooked in discussions of high-speed society.
	. 주제 : 사업에서의 공감의 다른 해석들 is frequently listed as one of the most in an or employee, without exactly is meant by empathy.
2.	Some businesses stress cognitive empathy, emphasizing the need leaders the deals and decisions.
3.	Others stress affective empathy and empathic concern, the ability of leaders trust from employees and customers by them with real concern and
4.	When some argue successful companies empathy, companies should conduct good market research.
5.	an "empathic" company understands the needs and wants of its customers and those needs and wants.
6.	When some people speak of design with empathy, that is companies should take into account the specific needs of different populations — the blind, the deaf, the elderly, non-English speakers, the color-blind, and so on — when products.
	* empathy: 공감, 공감 능력 ** compassion: 동정심

24	주제 :	디지턴	사히에서	아이드으	즈가저이	으닫이	었느	사화으	힘들어한다	ŀ
4·	1 711 •	- 네^) =	거외에게	이이크는	五年年刊	ᅲᆈᆡ	HX 1	0 70 7	뛰글이인드	1

1.	The most problem ^kids report that they feel like ^t
1.	Because technology allows for it, they feel an
2.	is easy most of us — you probably feel the same in your own life!
3.	is really the fact we're human and can't always respond
4.	For a teen or tween is still learning the of social it's even worse.
	Here's how this behavior plays out sometimes: Your child texts one of his friends, and the friend doesn't text back right away.
6.	Now it's easy your child "This person doesn't want to be my friend anymore!"
7.	So he texts again, and again, and again — their phone."
	This can be and even as
9.	But you can see this could happen.
	* tween: (10 ~ 12세 사이의) 십대 초반의 아동
29	주제 : <u>암시와 결홥된 마음 속 이미지는 행동변화에 도움이 된다.</u>
	For years, many have held strongly to the belief the key to negative health habits to change behavior.
2.	This, more than values and the part of is easiest
	Ingestive habits such as smoking, drinking and various eating behaviors are the most common health for behavioral changes.
4.	behaviors (workaholism, shopaholism, and the like) into this category as well.
5.	
	this technique alone will not produce changes, alongside other behavior and strategies, behavioral changes have for some
	people.
7.	mental imagery does a new behavior.
8.	use of images the behavior more over time.
	- * ingestive: (음식) 섭취의 ** premise: 전제

30.	주제	:	청소	L 년기	감정	조적	박닼에	영향읔	주는	부모의	간접적	역핰

	Emotion — from other people about emotions and how to deal with them — early in life and a role for emotion development.
2.	such as peers or media, importance parents remain the socialization
	to emotional situations serve as a role model for emotion regulation, the to emotional situations serve as a role model for emotion their children will show similar reactions in
4.	Parental when their children are faced with emotional challenges also emotion regulation development.
	direct and guidance of for younger children, they may adolescents'
6.	In consequence, adolescents might pull away from, rather than turn toward, their parents in times of emotional crisis, unless parental practices are adjusted.
	More in adolescence indirect support of autonomous emotion regulation, such as through as well as and adolescents' emotional experiences, and when the adolescent wants to talk.
31	. 주제 : 신체 조건과 자연적 물리 법칙의 제약을 이해하고 움직이는 것이 무용수에게 효율적이다
1.	Dancers often push to the limits of their physical
2.	But that push is misguided if it is directed toward accomplishing something physically impossible.
3.	music, his feet in the air and his heels to the floor between jumps.
4.	That may be impossible no matter how the dancer is.
5.	But a short-footed dancer may have no trouble!
5 .	dancer may be a half-turn in the air.
	the connection between a rapid turn rate and the alignment of the body the her her turn
3.	In both of these cases,

32. 주제 : 현대 대중문화의 중심에 있는 어린이 영화

* alignment: 정렬 ** rotation axis: 회전축

1.	We must the relationship between children's film and consumption habits.
2.	The term "children's film" implies by children — their cinema — but films supposedly made for children have always been consumed by audiences of all ages, particularly in commercial cinemas.
3.	The in audience for children's films can be shown by the fact in 2007, eleven Danish children's and youth films 59 per cent of and in 2014, German children's films seven out of the top twenty films at the national box office.
4.	This a broader, international of is children's culture among audiences of ages.
5.	The old children's film is some other from (and forever to) a more cinema for adults is not supported by the realities of consumption:
	* subordinate: 하위의
	3. 주제 : <u>호기심은 인간의 창의성의 원동력이다</u>
1.	Beethoven's drive to create something novel is a reflection of his state of curiosity.
2.	Our brains experience a sense of when we create in the process of exploring something such as a musical we've never played or heard before.
	When our curiosity leads to the reward brings us a sense of
4.	of have modeled curiosity influences musical
5.	In the case of Beethoven, computer modeling the thirty-two piano sonatas after age thirteen the musical patterns in all of Beethoven's music in later sonatas, while novel patterns, including patterns were unique to a particular sonata,
6.	Beethoven's music became less predictable over time as his curiosity drove the of new musical ideas.
7.	

* sonata: 악곡의 한 형식

34. 주제 : <u>측량 가능하 것을 찾는 기술자들의 문제점들</u>
1 are always
2 s to a model are their and like a social scientist, a technologist needs t
3. This need for quantifiable proxies a toward things are easy
4. But simple metrics can take us further away from the important goals ^we really may require metrics or be difficult, or perhaps to ar measure.
5. And when we have or bad proxies, we can easily fall under the we as solving for a good without actually progress toward a worthy solution.
6.
7. As the saying goes, "Not everything that counts can be counted, and not everything that can be counted counts." * metric: 측정 기회
35. 주제 : <u>생존과 관련된 진화적 근거를 두고 생겨난 향신료와 맛</u> 1. We are the only species its food, it with the highly plan parts ^we call herbs and
2. It's quite possible that our taste for spices has an evolutionary root.
3. Many spices have — in fact, such as garlic, onion, are oregano the growth of almost every
4. And the cultures make the heaviest use of spices — think of the garlic and black pepper of that food, the ginger and of India, the chili peppers of Mexico — from warms climates, bacterial is a bigger issue.
5
6. Our uniquely human to flavor, in this case the flavor of spices,

* cuisine: 요리(법)

	. 주제 : 인체 발달의 복잡한 상호작용: 무작위 변이와 비무작위적 선택
2.	All of body development from embryo to adult random activities at the cellular level, and body depends on the new possibilities by these activities with selection of those satisfy built-in
3.	Always new structure is based on old structure, and at every stage selection favors some cells and eliminates others.
4.	The survivors serve to produce new cells further rounds of selection.
5.	the system, cells and of cells are not development, but rather,
6.	Those in the right place the right connections and those
7.	This process is much like
8.	A of the strategy is great from individual to individual at the cell and levels, even though large-scale structures are quite similar. * molecular: 분자의 ** embryo: 배아
	. 주제 <u>: 재택 간호의 비용 증가를 통제하기 위해 도입한 관리시스템</u> the costs of home care for and persons under control, managers of home care providers have introduced management systems.
	These systems tasks of home care workers and the time and budget these tasks.
3.	reporting systems require home care workers on their activities and the time thus the fine of time and money and, in the fine of managers,
4.	This, in the view of managers, has contributed to the resolution of the problem.
	The home care workers,, may their work not as a set of separate tasks as as possible, but a service to a client they may have developed a relationship.
6.	This includes having conversations with clients and enquiring about the person's well-being.
	time and the requirement to report may be perceived as make the service is needed.
	If the management systems are too this may result in home care workers and

38	. 주제 : <u>무리를 떠나는 것이 생태학적 진회적 관점에서 중요할 수 있다.</u>
1.	is a common most vagrant birds are the rare
	cases individuals are able to and to their normal
2.	it is also commonly vagrancy itself is a unimportant
	-
3.	This is true for the of cases, as the most outcome of any vagrancy event is the individual will fail to find enough and/or to environmental conditions, and
1.	there are many lines of evidence vagrancy can, on dramatically alter the fate of populations, species or even whole ecosystems.
4.	
5.	The most consequences of vagrancy the of new sites, new and locations.
	niew and locations.
6.	Each of these can through different mechanisms, and and they each have their own unique importance.
	* vagrancy: 무리에서 떨어져 헤맴 * doomed: 죽을 운명의 * inhospitable: 살기 힘든
). 주제 : <u>대부분은 사람들은 전문가에게 필요한 내재화된 전문 지식없이 스스로를 전문가라고 착각한다</u>
۷.	learning and practice : their intuition has become data-driven.
1.	Only then able to act quickly their and evidence-based experience.
3.	
4.	Most of us, especially when we others on social media, with expert-like speed and a wide range of opinions on global crises, without the substance of knowledge that supports it.
5.	And thanks to AI, ensures our messages are delivered to an audience more to
	believing it, our delusions of expertise can be reinforced by our personal filter bubble.
6.	We have an people more open-minded, and when
	* intuition: 직관 ** delusion: 착각

40. 주제 : 데이터 폭증 /	<u>시대의 지식 추출과 의사 결정</u>	
요약 : <u>저장소에 저장된 방</u> 다	<u> </u>	압도하기 때문에, 더 나은 의사 결정을 위해 가치 있

는	지식을 얻기 위한 효과적인 도구가 요구된다.
1.	The fast-growing, amount of data, and in large and data repositories, far our human ability for understanding without powerful tools.
	As a result, data in large data repositories become "data tombs" — data archives are visited.
2.	Important decisions are often made based not on the information–rich data in data repositories but rather a decision maker's simply because the decision maker does not have the tools the valuable knowledge in the amounts of data.
	Efforts have been expert system and knowledge-based technologies, users or domain experts knowledge into knowledge
4.	, this is likely to cause and errors and is extremely and time consuming.
5.	The widening gap between data and information the systematic development of tools can turn data tombs <u>into</u> "golden nuggets" of knowledge.
	* repository: 저장소 ** golden nugget: 금괴

$[41 \sim 42]$ 요약 : 우리의 뇌는 멀티태스킹에 적합하지 않으므로 한 번에 두 가지 일을 시도할다면 한 가지 집중하지 않아도 될 만큼 익숙해야 한다.	일은
1 is untrue teens can focus on two things at once — they're doing is attention from one task to	their
2. In this digital age, teens their brains these shifts very quickly, but they are still everyone else, attention to one thing at a time,	, like
3 tells us ^multitasking should increase brain activity, but Carnegie Mellon Univ scientists the latest brain imaging technology find ^it ^^	ersity
4. As a matter of fact, they discovered that multitasking actually decreases brain activity.	
5. Neither task is done as well as if each were performed individually.	
6 of a second lost every time we make a switch, and a person's task take 50 percent longer with 50 percent more errors.	can
7^the latest brain research supports the old advice ""	
8. It's not that kids can't do some tasks	
1. But if two tasks are performed at once, one of them has to be familiar.	
9. Our brains perform a familiar task on "automatic pilot" really attention to	
10. That's companies consider talking on a cell phone and as	
as — the driving goes on "automatic pilot" while the convers really holds our attention.	
11. Our kids may be living in the Information Age but our brains have not been redesigned yet.	