



고1_2006[기출문제] 24

다음 글의 주제가 되도록 빈칸 (A), (B)에 들어갈 알맞은 표현을 각각 두 개의 단어로 적으시오.1 [20년 6월 24번]

Every event that causes you to smile makes you feel happy and produces feel-good chemicals in your brain. Force your face to smile even when you are stressed or feel unhappy. The facial muscular pattern produced by the smile is linked to all the "happy networks" in your brain and will in turn naturally calm you down and change your brain chemistry by releasing the same feel-good chemicals. Researchers studied the effects of a genuine and forced smile on individuals during a stressful event. The researchers had participants perform stressful tasks while not smiling, smiling, or holding chopsticks crossways in their mouths (to force the face to form a smile). The results of the study showed that smiling, forced or genuine, during stressful events reduced the intensity of the stress response in the body and lowered heart rate levels after recovering from the stress.

↓

Even (A) _____ can (B) _____.

정답 : (A) _____

(B) _____

다음 글의 전체 흐름과 관계없는 문장은?? [20년 6월 24번]

Every event that causes you to smile makes you feel happy and produces feel-good chemicals in your brain. Force your face to smile even when you are stressed or unhappy. ㉠The facial muscular pattern produced by the smile is connected with all the "happy networks" in your brain and will in turn naturally calm you down and change your brain chemistry by releasing the pleasurable chemicals. ㉢Researchers studied the effects of a genuine and forced smile on individuals during a stressful event. ㉡The researchers had participants perform stressful tasks while not smiling, smiling, or holding chopsticks crossways in their mouths (to manipulate the face to form a smile). ㉣The results of the study showed that smiling, forced or genuine, during stressful events reduced the intensity of the stress response in the body. ㉤The smiling manipulation condition improved the memory performance selectively for happy faces, also lowering heart rate levels after recovering from the stress.

- ① a
- ② b
- ③ c
- ④ d
- ⑤ e



다음 글을 읽고 물음에 답하시오. [20년 6월 24번]

(A) _____
 and produces feel-good chemicals in your brain. Force your face to smile even when you are stressed or ㉠felt unhappy. The facial muscular pattern ㉡produced by the smile is linked to all the "happy networks" in your brain and will in turn naturally calm you down and ㉢change your brain chemistry by releasing the same feel-good chemicals. Researchers studied the effects of a genuine and forced smile on individuals ㉣while a stressful event. The researchers had participants ㉤performed stressful tasks ㉦while not smiling, smiling, or holding chopsticks crossways in their mouths (to force the face to form a smile). The results of the study showed that smiling, forced or genuine, during stressful events ㉧reduced the intensity of the stress response in the body and lowered heart rate levels after ㉨recovering from the stress.

위 글의 밑줄 친 부분 ㉠~㉨중 어법상 옳지 않은 것의 개수는?³

- ① 3개 ② 4개 ③ 5개 ④ 6개 ⑤ 7개

위 글의 (A)에 들어갈 문장을 주어진 단어를 어법에 맞게 활용하여 영작하시오.⁴

<보기>
 you / make / smile / event / happy / every / cause / to / feel / that / you

<조건>
 단어 추가 불가, 필요시 단어 변형 가능.

<해석>
 여러분을 미소 짓게 만드는 온갖 사건들은 여러분이 행복감을 느끼게 한다.

정답 : _____



다음 글을 읽고 물음에 답하십시오. [20년 6월 24번]

Every event that causes you to smile makes you feel happy and produces feel-good chemicals in your brain.

(A) _____.

The facial muscular pattern produced by the smile is linked to all the "happy networks" in your brain and will in turn naturally calm you down and change your brain chemistry by releasing the same feel-good chemicals. Researchers studied the effects of a genuine and forced smile on individuals during a stressful event. The researchers had participants perform stressful tasks while not smiling, smiling, or holding chopsticks crossways in their mouths (to force the face to form a smile). The results of the study showed that smiling, forced or genuine, during stressful events reduced the intensity of the stress response in the body and lowered heart rate levels after recovering from the stress. ㉠Even looking at someone who is smiling can make you feel better. ㉡In order for your brain to interpret the image of someone who is smiling, it has to activate its own smile networks. ㉢The muscles in your face certain movements when you make a smile. ㉣Laughter is also good for both the body and the brain. ㉤So purposefully plan time to engage in activities that will make you laugh. Go out with your friends or watch a funny movie. Because humor relieves stress and anxiety, activities like sharing jokes or funny stories before a test may help alleviate test anxiety.

위 글의 밑줄 친 ㉠~㉤ 중, 전체 흐름과 관계없는 문장은?⁵

- ① ㉠ ② ㉡ ③ ㉢ ④ ㉣ ⑤ ㉤

위 글의 빈칸 (A)에 아래와 같은 문장을 넣으려고 한다. 문장의 ㉠~㉣에 들어갈 적절한 단어를 본문에서 각각 하나씩 찾아 넣으시오. (필요한 경우 단어의 형태를 바꿀 것)⁶

When stressed, force a(n) ㉠_____ for a few minutes to ㉡_____ the symptoms caused by the stress and to make you feel ㉢_____.

㉠ _____

㉡ _____

㉢ _____



다음 글을 읽고, (A)~(F) 중 어법상 어색한 구절의 기호를 2개 골라, 밑줄 친 부분을 올바르게 다시 쓰시오.⁷ [20년 6월 24번]

<조건>

어색한 구절의 기호(A~F)를 쓰고, 수정 부분을 포함한 밑줄 부분 전체를 쓸 것

2. 내용 없이 문장 기호만 쓰는 경우 부분 점수 없음

(A)Every event that causes you to smile makes you feel happy and produces feel-good chemicals in your brain. (B)Force your face to smile even when you are stressed or feel unhappy. (C)The facial muscular pattern producing by the smile is linked to all the "happy networks" in your brain and will in turn naturally calm you down and change your brain chemistry by releasing the same feel-good chemicals. (D)Researchers studied the effects of a genuine and forced smile on individuals during a stressful event. (E)The researchers had participants to perform stressful tasks while not smiling, smiling, or holding chopsticks crossways in their mouths (to force the face to form a smile). (F)The results of the study showed that smiling, forced or genuine, during stressful events reduced the intensity of the stress response in the body and lowered heart rate levels after recovering from the stress.

(1) 문장 기호: _____

수정된 문장:

(2) 문장 기호: _____

수정된 문장:

다음 글을 한 문장으로 요약할 때, 빈칸 (A)~(E)에 각각 들어갈 말을 주어진 철자로 시작하는 한 단어로 쓰시오.⁸ [20년 6월 24번]

Every event that causes you to smile makes you feel happy and produces feel-good chemicals in your brain. Make your face to smile even when you are stressed or feel unhappy. The facial muscular pattern produced by the smile is linked to all the "happy networks" in your brain and will in turn naturally calm you down and change your brain chemistry by releasing the same feel-good chemicals. Researchers studied the effects of a genuine and forced smile on individuals during a stressful event. The researchers had participants perform stressful tasks while not smiling, smiling, or holding chopsticks crossways in their mouths (to make the face form a smile). The results of the study showed that smiling, forced or genuine, during stressful events reduced the intensity of the stress response in the body and lowered heart rate levels after recovering from the stress.

↓

The (A)p_____ act of smiling, (B)f_____ or real, helps (C)b_____ your mind, thus (D)d_____ stress and (E)s_____ heart rate in stressful situations.

정답 : (A)p_____

(B)f_____

(C)b_____

(D)d_____

(E)s_____



다음 글의 괄호 (A), (B), (C) 안에서 문맥에 맞는 낱말로 가장 적절한 것은?⁹ [20년 6월 24번]

Every event that causes you to smile makes you feel happy and produces feel-good chemicals in your brain. Force your face to smile even when you are stressed or feel (A)[happy / unhappy]. The facial muscular pattern produced by the smile is linked to all the "happy networks" in your brain and will in turn naturally calm you down and change your brain chemistry by (B)[withholding / releasing] the same feel-good chemicals. Researchers studied the effects of a genuine and forced smile on individuals during a stressful event. The researchers had participants perform stressful tasks while not smiling, smiling, or holding chopsticks crossways in their mouths (to force the face to form a smile). The results of the study showed that smiling, forced or genuine, during stressful events (C)[increased / decreased] the intensity of the stress response in the body and lowered heart rate levels after recovering from the stress.

- | | (A) | (B) | (C) |
|---|---------|-------------|-----------|
| ① | happy | withholding | increased |
| ② | happy | releasing | increased |
| ③ | happy | withholding | decreased |
| ④ | unhappy | releasing | decreased |
| ⑤ | unhappy | withholding | decreased |

다음 글의 밑줄 친 우리말 (A)와 같은 뜻이 되도록 영작한 것으로 가장 적절한 것은?¹⁰ [20년 6월 24번]

Every event that causes you to smile makes you feel happy and produces feel-good chemicals in your brain. Force your face to smile even when you are stressed or feel unhappy. The facial muscular pattern produced by the smile is linked to all the "happy networks" in your brain and will in turn naturally calm you down and change your brain chemistry by releasing the same feel-good chemicals. Researchers studied the effects of a genuine and forced smile on individuals during a stressful event. (A)연구자들은 참가자들이 미소 짓지 않거나, 미소 짓거나, 입에 젓가락을 옆으로 물고서 스트레스를 수반하는 과제를 수행하도록 했다. The results of the study showed that smiling, forced or genuine, during stressful events reduced the intensity of the stress response in the body and lowered heart rate levels after recovering from the stress.

- ① The researchers had participants perform stressful tasks while they did smile, did smile, or held chopsticks crossways in their mouth.
- ② The researchers had participants to perform stressful tasks while not smiling, smiling, or holding chopsticks crossways in their mouth.
- ③ The researchers had participants performed stressful tasks while they aren't smiling, smiling, or holding chopsticks crossways in their mouth.
- ④ The researchers had participants perform stressful tasks while they are not smiling, smiling, or holding chopsticks crossways in their mouth.
- ⑤ The researchers had participants performing while they did not smile, smiled, or held chopsticks crossways in their mouth.



다음 글의 내용을 한 문장으로 요약하고자 한다. 주어진 철자의 영단어로 괄호를 완성하시오. (어법에 맞게 빈칸에 반드시 하나의 영단어를 쓸 것)¹¹ [20년 6월 24번]

Every event that causes you to smile makes you feel happy and produces feel-good chemicals in your brain. Force your face to smile even when you are stressed or feel unhappy. The facial muscular pattern produced by the smile is linked to all the "happy networks" in your brain and will in turn naturally calm you down and change your brain chemistry by releasing the same feel-good chemicals. Researchers studied the effects of a genuine and forced smile on individuals during a stressful event. The researchers had participants perform stressful tasks while not smiling, smiling, or holding chopsticks crossways in their mouths (to force the face to form a smile). The results of the study showed that smiling, forced or genuine, during stressful events reduced the intensity of the stress response in the body and lowered heart rate levels after recovering from the stress.

It t_____ out that f_____ smiles as well as genuine ones help e_____ stress when performing stressful tasks.

정답 :

다음 글의 주제로 가장 적절한 것은?¹² [202006 모의 24번]

Every event that causes you to smile makes you feel happy and produces feel-good chemicals in your brain. Force your face to smile even when you are stressed or feel unhappy. The facial muscular pattern produced by the smile is linked to all the "happy networks" in your brain and will in turn naturally calm you down and change your brain chemistry by releasing the same feel-good chemicals. Researchers studied the effects of a genuine and forced smile on individuals during a stressful event. The researchers had participants perform stressful tasks while not smiling, smiling, or holding chopsticks crossways in their mouths (to force the face to form a smile). The results of the study showed that smiling, forced or genuine, during stressful events reduced the intensity of the stress response in the body and lowered heart rate levels after recovering from the stress.

- ① differences between forced and genuine smiling
- ② effects of smiling on the body and feeling
- ③ chemicals produced by smiling in the brain
- ④ better ways to avoid stressful events
- ⑤ relationship between smiling and heart disease



다음 밑줄 친 부분 중 어법이 어색한 것은?¹³ [20년 6월 24번]

Every event that causes you to smile makes you feel happy and produces feel-good chemicals in your brain. Force your face to smile even when you are stressed or feel unhappy. The facial muscular pattern produced by the smile is linked to all the "happy networks" in your brain and will in turn naturally calm you down and change your brain chemistry by releasing the same feel-good chemicals. Researchers studied the effects of a genuine and forced smile on individuals during a stressful event. The researchers had participants perform stressful tasks while not smiling, smiling, or holding chopsticks crossways in their mouths (to make the face a smile). The results of the study showed that smiling, forced or genuine, during stressful events reducing the intensity of the stress response in the body and lowered heart rate levels after recovering from the stress.

- ① a ② b ③ c ④ d ⑤ e

다음 글의 요지로 가장 적절한 것은?¹⁴ [20년 6월 24번]

Every event that causes you to smile makes you feel happy and produces feel good chemicals in your brain. Force your face to smile even when you are stressed or feel unhappy. The facial muscular pattern produced by the smile is linked to all the "happy networks" in your brain and will in turn naturally calm you down and change your brain chemistry by releasing the same feel good chemicals. Researchers studied the effects of a genuine and forced smile on individuals during a stressful event. The researchers had participants perform stressful tasks while not smiling, smiling, or holding chopsticks crossways in their mouths (to force the face to form a smile). The results of the study showed that smiling, forced or genuine, during stressful events reduced the intensity of the stress response in the body and lowered heart rate levels after recovering from the stress.

- ① Happiness is what makes us smile.
 ② Even compelling a fake smile can reduce stress and lower your heart rate.
 ③ Smiling can boost your immune system and possibly even prolong your life.
 ④ A smile spurs a powerful chemical reaction in the brain that can make you feel happier.
 ⑤ Researchers had a much harder time telling which smiles were real and which were fake.





정답

- 1 (A) forced(faked) smile(smiles, smiling)
(B) reduce(lower) stress
- 2 ⑤
- 3 ①
- 4 Every event that causes you to smile makes you feel happy. (Every event that makes you smile causes you to feel happy: 인정답안)
- 5 ③
- 6 ㉠ smile
㉡ reduce / lower / relieve / alleviate
㉢ better / good
- 7 (1) (C) The facial muscular pattern produced by the smile is linked to all the “happy networks” in your brain
(2) (E) Researchers had participants perform stressful tasks
- 8 (A) physical
(B) fake
(C) boost
(D) decreasing
(E) slowing
- 9 ④
- 10 ①
- 11 turns(turned), fake(faked), ease
- 12 ②
- 13 ⑤
- 14 ②