



고1_2006[기출문제] 22

다음 빈칸에 들어갈 말로 가장 적절한 것은?¹ [20년 6월 22번]

A goal-oriented mind-set can create a "yo-yo" effect. Many runners work hard for months, but as soon as they cross the finish line, they stop training. The race is no longer there to motivate them. When all of your hard work is focused on a particular goal, what is left to push you forward after you achieve it? This is why many people find themselves returning to their old habits after accomplishing a goal. The purpose of setting goals is to win the game. The purpose of building systems is to continue playing the game. True long-term thinking is goal-less thinking. It's not about any single accomplishment. It is about the cycle of endless refinement and continuous improvement. Ultimately, it is your _____ that will determine your progress.

- ① attainable goal
- ② deeper self-reflection
- ③ devotion to the process
- ④ commitment to success
- ⑤ endless pursuit of happiness

다음 글의 밑줄 친 부분 중, 어법상 옳지 않은 것은?² [20년 6월 22번]

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- ① a
- ② b
- ③ c
- ④ d
- ⑤ e



다음 밑줄 친 부분 중 어법상 옳지 않은 것은?³ [20년 6월 22번]

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- ① a ② b ③ c ④ d ⑤ e

다음 글을 읽고 물음에 답하시오. [20년 6월 22번]

A goal-oriented mind-set can create a "yo-yo" effect. Many runners work hard for months, but as soon as they cross the finish line, they ㉠quit training. The race is no longer there to motivate them. Many people find themselves ㉡going back to their old habits after accomplishing a goal. ㉢This is because there's nothing left to push you forward after you achieve that particular goal. The purpose of setting goals is to win the game. The purpose of building systems is to continue playing the game. Therefore, the key is ㉣goal-related thinking. It's not about any single accomplishment. It is about making ㉤the system: the cycle of endless refinement and continuous improvement. Ultimately, (A)당신의 발전을 결정짓는 것은 다름 아닌 그 과정에 당신이 전념(몰입)하는 것이다.

위 글의 밑줄 친 ㉠~㉤ 중에서, 문맥상 낱말의 쓰임이 적절하지 않은 것은?⁴

- ① a ② b ③ c ④ d ⑤ e

위 글의 주어진 우리말 해석 (A)에 맞게 <보기>의 단어를 배열하여 It으로 시작하는 영어 문장을 완성하시오.⁵

<보기>
is / your progress / that / will / to /
the process / determine / your commitment

→



다음 빈칸에 들어갈 말로 가장 적절한 것은?⁶ [20년 6월 22번]

A goal-oriented mind-set can create a "yo-yo" effect. Many runners work hard for months, but as soon as they cross the finish line, they stop training. The race is no longer there to motivate them. When all of your hard work is focused on a particular goal, what is left to push you forward after you achieve it? This is why many people find themselves returning to their old habits after accomplishing a goal. The purpose of setting goals is to win the game. The purpose of building systems is to continue playing the game. True long-term thinking is goal-less thinking. It's not about any single accomplishment. It is about the cycle of endless refinement and continuous improvement. Ultimately,

will determine your progress.

- ① staying committed to goals
- ② keeping on setting a new goal
- ③ devoting yourself to the process
- ④ developing your own strategic plan
- ⑤ balancing your short-term and long-term goals

다음 빈칸에 들어갈 말로 가장 적절한 것은?⁷ [20년 6월 22번]

A goal-oriented mind-set can create a "yo-yo" effect. Many runners work hard for months, but as soon as they cross the finish line, they stop training. The race is no longer there to motivate them. When all of your hard work is focused on a particular goal, what is left to push you forward after you achieve it? This is why many people find themselves returning to their old habits after accomplishing a goal. The purpose of setting goals is to win the game. The purpose of building systems is to continue playing the game. True long-term thinking is goal-less thinking. It's not about any single accomplishment. It is about the cycle of endless refinement and continuous improvement. Ultimately,

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다음 글의 빈칸에 들어갈 말로 가장 적절한 것은? 8 [20년 6월 22번]

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- ① dedication ② consequence
- ③ performance ④ commencement
- ⑤ enticement

다음 글의 밑줄 친 ㉠~㉤에서 어법상 어색한 것을 모두 고르면? 9 [20년 6월 22번]

A goal-oriented mind-set can create a "yo-yo" effect. Many runners work hard for months, but as soon as they cross the finish line, they stop ㉠to train. The race is no longer there to motivate them. When all of your hard work is focused on a particular goal, what is left to push you forward after you achieve it? This is ㉡because many people find ㉢themselves returning to their old habits after accomplishing a goal. The purpose of setting goals ㉣is to win the game. The purpose of building systems is to continue playing the game. True long-term thinking is goal-less thinking. It's not about any single accomplishment. It is about the cycle of endless refinement and continuous improvement. Ultimately, it is your commitment to the process ㉤which will determine your progress.

- ① ㉠ ② ㉡ ③ ㉢ ④ ㉣ ⑤ ㉤



주어진 글 다음에 이어질 글의 순서로 가장 적절한 것은?¹⁰ [202006 모의 22번]

A goal-oriented mind-set can create a “yo-yo” effect. Many runners work hard for months, but as soon as they cross the finish line, they stop training.

(A) This is why many people find themselves returning to their old habits after accomplishing a goal. The purpose of setting goals is to win the game. The purpose of building systems is to continue playing the game. True long-term thinking is goal-less thinking.

(B) It’s not about any single accomplishment. It is about the cycle of endless refinement and continuous improvement. Ultimately, it is your commitment to the process that will determine your progress.

(C) The race is no longer there to motivate them. When all of your hard work is focused on a particular goal, what is left to push you forward after you achieve it?

- ① (A) - (C) - (B) ② (B) - (A) - (C)
- ③ (B) - (C) - (A) ④ (C) - (A) - (B)
- ⑤ (C) - (B) - (A)

다음 밑줄 친 (A)의 우리말을 아래 조건에 맞추어 영어 문장으로 쓰시오.¹¹ [20년 6월 22번]

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<조건>

It that ~ 강조구문으로 쓸 것

아래 주어진 단어를 반드시 포함할 것

progress / determine / the process / commitment

정답 : Ultimately,



다음 글을 읽고 물음에 답하시오. [202006 모의 22번]

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위 글의 빈칸에 들어갈 말로 가장 적절한 것은?¹²

- ① you should concentrate on the process not on the outcome if you want to keep making progress
- ② throwing your goal-oriented mindset away will eventually set you free from incessant competition
- ③ the more you are committed to winning the game, the more likely you are to accomplish your goals
- ④ it is necessary for you to pay close attention when setting goals so as to continue improving yourself
- ⑤ building effective working system will motivate you to change your goal-less life into a meaningful one

위 글에 근거하여 아래 질문에 대한 답변을 완성하고자 할 때, 빈칸에 들어갈 연속된 다섯 개의 영단어를 본문에서 찾아 쓰시오. (필요시 어형을 변형할 것)¹³

Q: According to the paragraph above, what usually happens to the goal-oriented people after they achieve their goals?

A: They tend to _____



다음 글의 제목으로 가장 적절한 것은? [20년 6월 22번]

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- ① What is a "Yo-Yo" Effect?
- ② The Purpose of Setting Goals
- ③ The Single Goal for Continuous Improvement
- ④ A Critical Element in Promoting Continuous Development
- ⑤ An Easy & Proven Way to Build Good Habits & Break Bad Ones

다음 글의 빈칸에 들어갈 말로 가장 적절한 것은?¹⁴ [20년 6월 22번]

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- ① goals restrict your happiness
- ② you should spend enough time thinking about your goals
- ③ achieving a goal only changes your life for the moment
- ④ committing to the process is what makes the difference
- ⑤ goals can provide direction and even push you forward in the short-term



정답

1 ③

2 ③

3 ④

4 ④

5 (It) is your commitment to the process that will determine your progress

6 ③

7 ③

8 ①

9 ①, ②

10 ④

11 it is your commitment to the process that will determine your progress.

12 ①

13 return to their old habits

14 ④