



고1_2109[기출문제] 38

다음 글의 내용을 한 문장으로 요약하고자 한다. 빈칸 (A), (B)에 들어갈 말로 가장 적절한 것은?1 [21년 9월 38번]

Studies have consistently shown caffeine to be effective when used together with a pain reliever to treat headaches. The positive correlation between caffeine intake and staying alert throughout the day has also been well established. However, using caffeine to improve alertness and mental performance doesn't replace getting a good night's sleep. One study from 2018 showed that coffee improved reaction times in those with or without poor sleep, but caffeine seemed to increase errors in the group with little sleep. In addition, this study showed that even with caffeine, the group with little sleep did not score as well as those with enough sleep.

According to the text, (A)_____ can't fully make up for (B)_____.

- | (A) | (B) |
|------------|----------------------|
| ① caffeine | insufficient sleep |
| ② caffeine | adequate sleep |
| ③ sleep | caffeine intake |
| ④ sleep | slow reaction time |
| ⑤ sleep | the lack of caffeine |

다음 글의 내용을 <보기>와 같이 요약하고자 한다. 빈칸 (A), (B), (C)에 각각 들어갈 적절한 단어를 반드시 지문에서 찾아 쓰시오. (단, B와 C는 두 단어로 쓸 것)2 [21년 9월 38번]

Studies have consistently shown caffeine to be effective when used together with a pain reliever to treat headaches. The positive correlation between caffeine intake and staying alert throughout the day has also been well established. As little as 60mg(the amount typically in one cup of tea) can lead to a faster reaction time. However, using caffeine to improve alertness and mental performance doesn't replace getting a good night's sleep. One study from 2018 showed that coffee improved reaction times in those with or without poor sleep, but caffeine seemed to increase errors in the group with little sleep. Additionally, this study showed that even with caffeine, the group with little sleep did not score as well as those with adequate sleep. It suggests that caffeine does not fully make up for inadequate sleep.

<보기>

Although caffeine use improves (A)_____ (B)_____ _____ and (C) _____ it also leads to increased to commit (D)_____.

- (A) _____
 (B) _____
 (C) _____
 (D) _____



다음 글의 흐름으로 보아 빈칸에 들어갈 말로 가장 알맞은 말을 변형 없이 <보기>의 단어만을 모두 사용해 쓰시오.³

[21년 9월 38번]

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____. It suggests that caffeine does not fully make up for inadequate sleep.

<보기>

did / the group / as / score / sleep / sleep / well / little / with / adequate / as / those / not

→

다음 글의 괄호 (A), (B), (C) 안에 들어갈 말로 가장 적절한 것은?⁴ [21년 9월 38번]

Studies have consistently shown caffeine to be effective when used together with a pain reliever to treat headaches. The positive correlation between caffeine intake and staying alert throughout the day has also been well established. As little as 60mg(the amount typically in one cup of tea) can lead to a (A) [faster / slower] reaction time. However, using caffeine to improve alertness and mental performance doesn't replace getting a good night's sleep. One study from 2018 showed that coffee improved reaction times in those with or without poor sleep, but caffeine seemed to (B)[decrease / increase] errors in the group with little sleep. Additionally, this study showed that even with caffeine, the group with little sleep did not score as well as those with adequate sleep. It suggests that caffeine does not fully make up for (C)[adequate / inadequate] sleep.

(A) (B) (C)

- ① faster increase adequate
- ② faster increase inadequate
- ③ faster decrease adequate
- ④ slower increase inadequate
- ⑤ slower decrease inadequate



다음 글의 빈칸 (A), (B)에 들어갈 말로 가장 적절한 것은?⁵ [21년 9월 38번]

Studies have consistently shown caffeine to be effective when used together with a pain reliever to treat headaches. The positive correlation between caffeine intake and staying alert throughout the day has also been well established. As little as 60 mg (the amount typically in one cup of tea) can lead to a faster reaction time. (A)_____, using caffeine to improve alertness and mental performance doesn't replace getting a good night's sleep. One study from 2018 showed that coffee improved reaction times in those with or without poor sleep, but caffeine seemed to increase errors in the group with little sleep. (B)_____, this study showed that even with caffeine, the group with little sleep did not score as well as those with adequate sleep. It suggests that caffeine does not fully make up for inadequate sleep.

- | | |
|----------------|-------------|
| (A) | (B) |
| ① For example | However |
| ② Because | Therefore |
| ③ Instead | Eventually |
| ④ Nevertheless | In contrast |
| ⑤ However | Besides |

다음 글을 읽고, <조건>에 맞추어 답을 작성하시오.⁶ [21년 9월 38번]

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<Summary>

Though various research has shown that the caffeine has (A)_____ effects in pain relief, alertness, and reaction time, it still cannot be fully equivalent to the (B)_____.

<조건>

위 요약문의 빈칸 (A), (B)에 들어갈 말을 본문에서 찾아 그대로 쓸 것

(A)는 한 단어, (B)는 두 단어로 쓸 것

(A) _____

(B) _____



다음 글의 빈칸에 들어갈 말로 가장 적절한 것은?⁷ [21년 9월 38번]

Studies have consistently shown caffeine to be effective when used together with a pain reliever to treat headaches. The positive correlation between caffeine intake and staying alert throughout the day has also been well established. As little as 60 mg (the amount typically in one cup of tea) can lead to a faster reaction time. However, using caffeine to improve alertness and mental performance doesn't replace getting a good night's sleep. One study from 2018 showed that coffee improved reaction times in those with or without poor sleep, but caffeine seemed to increase errors in the group with little sleep. Additionally, this study showed that even with caffeine, the group with little sleep did not score as well as those with adequate sleep. It suggests that caffeine _____.

- ① could trigger lack of sleep
- ② compensates for insufficient sleep
- ③ has an effect on the quality of sleep
- ④ helps those with good sleep reduce errors
- ⑤ does not replace getting a good night's sleep.

다음 글의 빈칸에 들어갈 말로 가장 적절한 것은?⁸ [21년 9월 38번]

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- ① reduce the possibility of making errors.
- ② causes serious health problems if taken too much.
- ③ stimulates our nervous system, making us feel more awake.
- ④ cannot be a perfect alternative to compensating for lack of sleep.
- ⑤ is not effective in improving alertness and mental performances.



다음 글을 읽고 빈칸 (A)를 아래 <조건>에 맞게 영어로 완성하십시오.⁹ [21년 9월 38번]

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<조건>

<보기>에 주어진 어휘들만을 모두 한 번씩 사용할 것
어형변화 없음

<보기>

the group with / did not score / as well as /
those with / little sleep / adequate sleep

→

다음 글의 흐름으로 보아, 빈칸에 들어갈 말을 주어진 <조건>에 맞게 영작하십시오.¹⁰ [21년 9월 38번]

Studies have consistently shown caffeine to be effective when used together with a pain reliever to treat headaches. The positive correlation between caffeine intake and staying alert throughout the day has also been well established. As little as 60mg(the amount typically in one cup of tea) can lead to a faster reaction time. However, using caffeine to improve alertness and mental performance doesn't replace getting a good night's sleep. One study from 2018 showed that coffee improved reaction times in those with or without poor sleep, but caffeine seemed to increase errors in the group with little sleep. Additionally, this study showed that even with caffeine, the group with little sleep did not score as well as those with adequate sleep. It suggests that _____.

<조건>

make up, for, fully를 반드시 사용할 것
12단어 이내로 쓸 것
필요시 어형을 변화할 것

→



다음 글의 빈칸 (A), (B), (C)에 들어갈 말로 가장 적절한 것은? ¹¹ [21년 9월 38번]

Studies have consistently shown caffeine to be effective when used together with a pain reliever to treat headaches. The positive correlation between caffeine intake and staying alert throughout the day has also been well established. As little as 60 mg (the amount typically in one cup of tea) can lead to a faster reaction time. (A) _____, using caffeine to improve alertness and mental performance doesn't replace getting a good night's sleep. One study from 2018 showed that coffee improved reaction times in those with or without poor sleep, but caffeine seemed to (B) _____ errors in the group with little sleep. Additionally, this study showed that even with caffeine, the group with little sleep did not score as well as those with adequate sleep. It suggests that caffeine does not fully make up for (C) _____ sleep.

- | (A) | (B) | (C) |
|-------------|----------|---------------|
| ① Therefore | decrease | inadequate |
| ② Therefore | increase | adequate |
| ③ However | increase | appropriate |
| ④ However | increase | inadequate |
| ⑤ However | decrease | inappropriate |



정답

1 ①

2 (A) alertness (B) mental performance
(C) reaction time (D) error(s)

3 the group with little sleep did not score as well as those with adequate sleep

4 ②

5 ⑤

6 (A) positive
(B) adequate sleep

7 ⑤

8 ④

9 the group with little sleep did not score are well as those with adequate sleep

10 caffeine doesn't fully make up for inadequate sleep

11 ④