



13-R. 다음 글을 읽고 전체 흐름과 관계 없는 문장을 찾아  
봅시다.

When we were infants, we were tuned in to the signals from our body that told us when to eat and when to stop. We had an instinctive awareness of what foods and how much food our body needed. As we grew older this inner wisdom became lost in a bewildering host of outer voices that told us how we should eat. We received conflicting messages from our parents, from our peers, and from scientific research. These messages created a confusion of desires, impulses, and aversions that have made us unable to just eat and to eat just enough. They have helped us see things in our right perspectives, thus having an insight into the world. If we are to return to a healthy and balanced relationship with food, it is essential that we learn to turn our awareness inward and to hear again what our body is always telling us.

\*aversion 반감, 혐오

**A. Vocabulary**

1. 모르는 단어 밑줄 긋고 문맥상 추론해서 써보기
2. 원래 알고 있던 의미와 다르게 쓰인 단어 찾기

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3. 글의 흐름상 같은 의미가 반복되는 단어 찾기

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**B. 정답근거**

1. Keyword 및 주제문 찾기
2. 글의 순서 연결 고리 찾기

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**C. Question**

1. 이 지문에서 내용 이해가 안 되는 부분
2. 분석이 잘 안 되는 부분

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13-G. 다음 글에서 전체 흐름과 관계 없는 문장은?

When photography came along in the nineteenth century, painting was put in crisis. The photograph, it seemed, did the work of imitating nature better than the painter ever could. ① Some painters made practical use of the invention. ② There were Impressionist painters who used a photograph in place of the model or landscape they were painting. ③ But by and large, the photograph was a challenge to painting and was one cause of painting's moving away from direct representation and reproduction to the abstract painting of the twentieth century. ④ Therefore, the painters of that century put more focus on expressing nature, people, and cities as they were in reality. ⑤ Since photographs did such a good job of representing things as they existed in the world, painters were freed to look inward and represent things as they were in their imagination, rendering emotion in the color, volume, line, and spatial configurations native to the painter's art.

\*render 표현하다 \*\*configuration 배치

A. Vocabulary

1. 모르는 단어 밑줄 긋고 문맥상 추론해서 써보기

2. 원래 알고 있던 의미와 다르게 쓰인 단어 찾기

3. 글의 흐름상 같은 의미가 반복되는 단어 찾기

B. 정답근거

1. Keyword 및 주제문 찾기

2. 글의 순서 연결 고리 찾기

C. Question

1. 이 지문에서 내용 이해가 안 되는 부분

2. 분석이 잘 안 되는 부분



13-1. 다음 글에서 전체 흐름과 관계 없는 문장은?

Going to an event unrelated to your specific field or area of interest can yield surprising results. ① You might get turned on to a subject you didn't know could interest you; you might be able to work this new knowledge into conversations with others. ② For example, you might discover from an outdoor recreation specialist that you and your colleagues could benefit from a team-building retreat. ③ Aside from breathing fresh air and discovering nature's many wonders, the benefits of outdoor recreation are endless and will help keep you and your family physically and mentally healthy. ④ Similarly, an art exhibit might introduce you to a new shade of red that will make a bolder statement on your website. ⑤ Participating in unrelated events opens you up to new opportunities and experiences.

**A. Vocabulary**

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3. 글의 흐름상 같은 의미가 반복되는 단어 찾기

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**B. 정답근거**

1. Keyword 및 주제문 찾기
2. 글의 순서 연결 고리 찾기

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**C. Question**

1. 이 지문에서 내용 이해가 안 되는 부분
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13-2. 다음 글에서 전체 흐름과 관계 없는 문장은?

As a rule, Americans favor “positive” over “negative” political campaigns. That is, voters prefer a candidate who is in favor of something to another candidate who is merely against something. ① There are many reasons for this preference. ② One reason is that voters may suspect a negative candidate has something to hide and is using negative politics to hide it. ③ Also, a positive campaign tends to be stronger and more successful than a negative campaign because it is more effective to be for something than merely against something. ④ Sometimes, candidates with negative campaigns have succeeded in making their opponents look weak, corrupt, or unpatriotic because of the opponents’ stand on some very sensitive issue. ⑤ A positive campaign usually projects an image of success, confidence, and optimism: three qualities that Americans like to see in elected officials.

**A. Vocabulary**

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2. 원래 알고 있던 의미와 다르게 쓰인 단어 찾기

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**B. 정답근거**

1. Keyword 및 주제문 찾기
2. 글의 순서 연결 고리 찾기

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**C. Question**

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13-3. 다음 글에서 전체 흐름과 관계 없는 문장은?

Traditionally, people have eaten three meals a day: breakfast in the morning, lunch at midday and dinner in the evening. ① Although this is a useful standard, people often develop the habit of eating a small breakfast and lunch and a large evening meal. ② This has a detrimental effect on digestion, especially as our digestive systems become more sluggish with age. ③ If your digestion is poor, intermittent fasting can effect your ability to metabolize food and burn fat. ④ It also means that we have an inadequate supply of energy at the times of the day when we are most active and a calorie overload at the end of the day when we are winding down. ⑤ A preferable eating pattern is a large breakfast, a substantial lunch and a comparatively small meal early in the evening.

\*intermittent 간헐적인

**A. Vocabulary**

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**B. 정답근거**

1. Keyword 및 주제문 찾기
2. 글의 순서 연결 고리 찾기

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**C. Question**

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13-4. 다음 글에서 전체 흐름과 관계 없는 문장은?

Just imagine for a second now what can happen if your bad habits stress you out. It's the perfect recipe for a negative feedback circle. ① Your stress triggers a bad habit, which triggers guilt, internal anxiety, and more stress, which triggers the habit again. ② But now imagine what could happen if your habits are naturally stress-relieving, such as exercise. ③ In this case, your stress will ride you to the gym, and the exercise will help you to relieve tension. ④ Whether from a lack of proper guidance, not asking for advice, or being new to the gym, many people don't realize the importance of good form when exercising. ⑤ The difference in impact on your life is mind-blowing, as one puts you in a positive position to succeed despite life's harsh occurrences, while the other constantly threatens to drop you into a negative spiral.

\*spiral 소용돌이

**A. Vocabulary**

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**B. 정답근거**

1. Keyword 및 주제문 찾기
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